

Noteworthy Nursing

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In this issue

Nursing newsletter survey results.....	1
CNO corner.....	2
New perinatal CNS.....	3
New NICU manager.....	3
Shared governance.....	4
DAISY Award honorees.....	5
Nursing showcase.....	6
Nursing education calendar.....	7



Nursing newsletter survey results

by Susan Gallitto, BSN, RNC-NIC

The *Noteworthy Nursing* newsletter was developed to highlight nursing at UC Irvine Health and provide important information to the nursing staff. In an effort to improve the quality of the newsletter and to ensure we are providing information nurses want, we sent a request in February 2013 to all UC Irvine Health nurses asking them to complete a short online survey, “Noteworthy Newsletter Survey.” We would like to thank the 89 nurses that responded to the survey. Your opinions and suggestions regarding the newsletter were all reviewed by the newsletter team.

The Noteworthy Newsletter team plans to incorporate changes to future editions, based on the newsletter survey results and feedback. You may notice that we have upgraded our format according to the new UC Irvine Health branding. We will continue to highlight the DAISY Award winners and provide more details to recognize staff nurses for their promotions and achievements in the “Nursing Showcase” section. Karen Grimley, CNO, will continue

to share her vision for UC Irvine nursing in each newsletter. Plans for the future include the addition of a nursing advice column, addition of more photos, and positive stories about our nurses’ experiences inside or outside the hospital setting. We also plan to include information regarding all the important projects and work involving UC Irvine Health nurses. Please feel free to email any topics, stories, suggestions or comments to Susan Gallitto at sagallit@uci.edu.



Previous newsletter format



CNO corner

by Karen A. Grimley, BSN, MBA, PhDc, RN, Chief Nursing Officer



I am so proud of our nurses and our professional practice! The Joint Commission surveyors could not have said it any better as they repeatedly commented on the professionalism, warmth and caring seen everywhere they went! Your dedication to our patients and the other members of the care team is an inspiration to me. A recent survey sent to all of you said that you wanted to know more about my vision for nursing at UC Irvine. So, this weekend, I contemplated my nursing experience and its culmination which for me can be found in the Essence of Nursing.

Nursing is as much about the unspoken as it is about the technical skill at the bedside. It is about the empathy and understanding each of us take in the course of our day to allay a patient's fear, comfort a colleague or resuscitate a trauma victim. Unfortunately, the technical aspects of nursing have grown so fast that sometimes, we focus on the intricacies of a machine rather

than the unique spirit of our patient. And, if that were not challenging enough, we are constantly measured and compared to other clinical, quality and financial metrics. So, how do we maintain the delicate balance between technical competence and a genuine presence with our patients while meeting the national and local healthcare standards?

My belief is that if each of us deliver nursing care and communicate with the care team and advocate for the true needs of our patients, we not only nurture that balance but we will exceed quality, clinical and financial standards as well.

I also believe that the solution to care issues can be found by involving the nurses and staff closest to the patient. I believe that every patient should be seen as someone who wants to go home, wants a say in planning care and should be afforded every opportunity to manage their life.

I believe that the quality of the nurse patient relationship dictates the patient's perception of their health and contributes to the patient's well-being.

So, how do we get back to connecting with our patients in a way that not only contributes to their health and well-being, but to ours as well? How do we communicate comfort and true caring in all we do? Study-

ing our care delivery model, reviewing our own best practice and listening to nurses and patients tell their stories mapped the design of the Essence of Nursing. The answer is with each of you at our patients' bedsides. These were some of my thoughts behind Essence of Nursing.

Respectfully,

A handwritten signature in black ink that reads "Karen A. Grimley". The signature is fluid and cursive, with a long, sweeping tail on the final letter.

Karen Grimley
Chief Nursing Officer
UC Irvine Medical Center

New perinatal CNS

By Susan Gallitto, BSN, RNC-NIC



Newly appointed perinatal clinical nurse specialist (CNS) Terri Paden, MSN, RN, joined UC Irvine Health in February 2013.

During the past few weeks, Terri has been working closely alongside some of our perinatal nurses, to familiarize herself with nursing practice in the perinatal area at UC Irvine Health. Terri placed a "Getting to Know You" binder by the unit secretary desk, and asked each staff member to complete a "Getting to Know You" survey. Terri is excited and honored for this new opportunity and looks forward to getting to know each of the staff members on the

perinatal units.

Terri completed her undergraduate Bachelor of Science and her Masters of Science in Nursing as a CNS at Loma Linda University in Southern California. She started her nursing career as a postpartum nurse at Loma Linda University Medical Center, Total Care Birth Center. Terri was cross-trained and was part of the perinatal Specialty Resource Team.

Terri's clinical background includes high-risk antepartum, labor and delivery, post-partum, and newborn nursery. She was also an urgent care nurse at Beaver Medical and an OB clinical instructor at West Coast University. During the past few years, Terri held leadership roles as a perinatal assistant department administrator at Kaiser Irvine and was an assistant clinical director for the opening of the Maternal Child Health

department at Kaiser Ontario.

Terri will join the Department of Nursing Quality, Research & Education and will work alongside Johanah Morelos Carrera, perinatal clinical nurse educator, to ensure high-quality nursing care and positive patient outcomes in the perinatal area.

Terri has been married for 13 years to her husband Michael and they have three children ages 6-11. Terri enjoys spending time with her family playing or watching sports, camping, going to the beach and watching movies. Terri will be a great addition to our perinatal and nursing education teams in an effort to provide high-quality nursing care and improved patient outcomes for our perinatal population at UC Irvine Health.

New NICU manager

By Susan Gallitto, BSN, RNC-NIC



Newly appointed NICU nurse manager Amy Speirs, MSN, RNC-NIC, ARNP, joined UC Irvine Health on March 11, 2013.

Amy spent her first three weeks at UC Irvine Health getting to know the staff and the flow of the unit, already hiring her first new staff member. Amy's goal is to instill leadership and confidence in every NICU nurse, in an effort to succeed as a team and become known for delivering the best neonatal care, eventually in the nation.

Amy completed her undergraduate Bachelor of Science degree at the

University of Kansas and her graduate degree at University of Colorado Health Sciences Center where she earned a Master of Science in Nursing with an emphasis on Health Care Administration and Leadership. Amy is also a neonatal nurse practitioner (NNP) receiving her certification training at West Virginia University.

Amy comes to UC Irvine Health with 30 years of clinical and leadership experience. Amy served as a faculty member at the University of Kansas for 10 years, teaching medical residents and staff nurses, as well as performing her clinical duties. She has experience with Magnet, actively participating in the Magnet designation process.

Amy worked as a nurse practitioner at Good Samaritan Hospital in Los

Angeles. Her family followed her to Utah two years ago where she coordinated a department of 54 NNPs serving three different facilities at Inter-mountain Healthcare in Utah. While she was there, Amy learned everything there was to learn about leadership.

Amy will be a great partner in our quest to strengthen NICU services at UC Irvine Health. She will be working with her team, including Alice Koh, day shift nursing supervisor, Gemma Baril, night shift nursing supervisor, Robin Koeppel, NICU CNS and Nicole Jasso, NICU clinical nurse educator.

Amy loves to spend her free time with her husband and their nine children ages 10 to 33 years. She is also the grandmother of three children. Amy loves to ski. She also owns a horse and rides Western style.

Shared governance

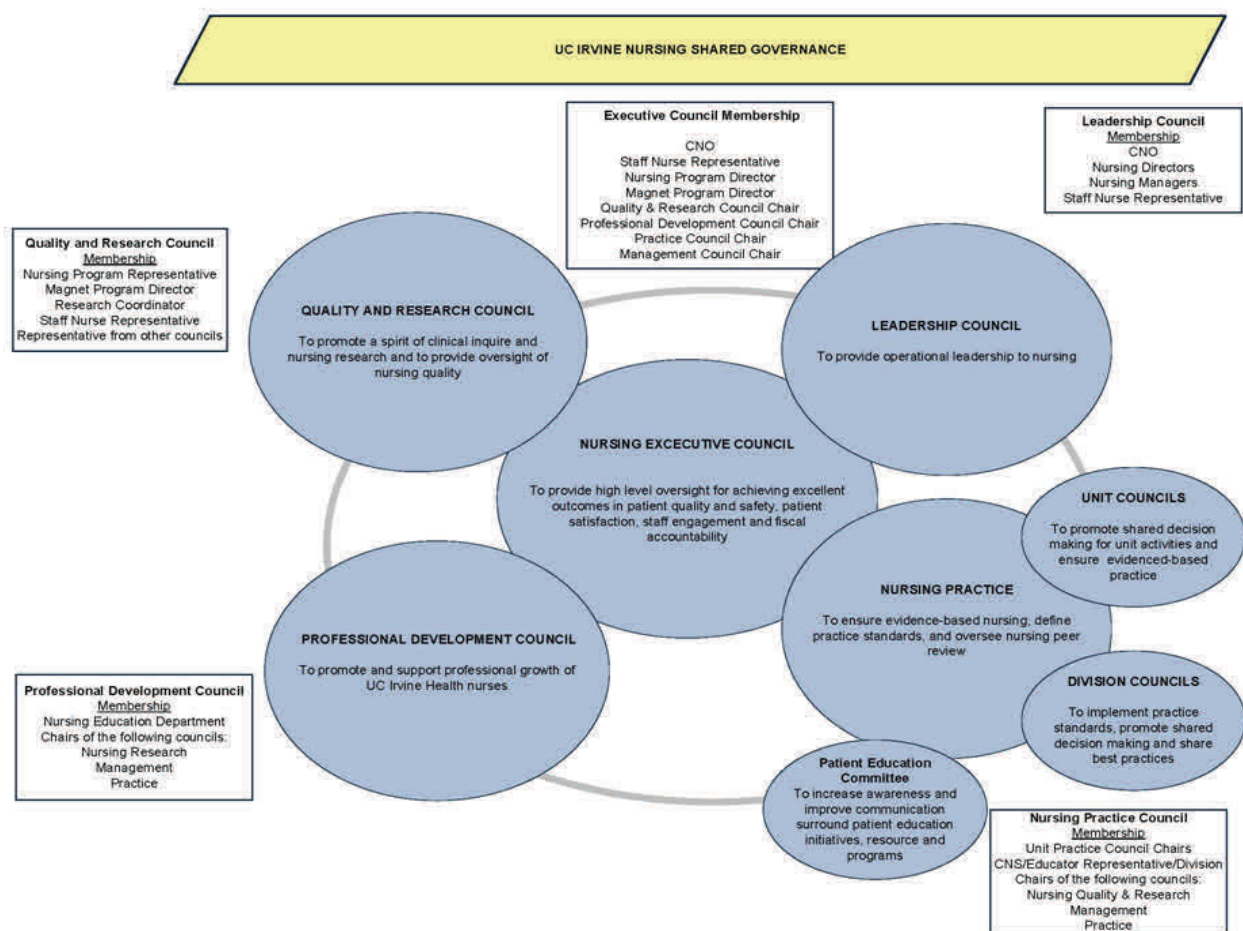
By Charlene Miranda-Wood, MSN, RNC-OB

Shared governance and professional practice have been in place at UC Irvine Health since the 1980s. However, the model was revitalized with input from staff and leadership in 2011 and fully implemented in 2012. During the revitalization process, unit councils were added to the medical/surgical and critical care areas to facilitate unit-based quality efforts and promote participant and engagement of direct-care nurses.

The Shared Governance Professional Practice Model is the foundation of

nursing at UC Irvine Health and was designed to incorporate shared decision making in all seven of the councils (see figure below). Shared governance empowers direct care nurses to make decisions about their practice, take more responsibility, and review quality and safety outcomes. Through this process, quality and safety are key agenda items at each council meeting and constitute a form of peer review. Shared governance engages shared decision making to result in shared leadership based on the principles

of partnership, equity, accountability and ownership that form a culturally sensitive and empowering framework. This framework enables sustainable and accountability-based decision to support an interdisciplinary design for excellent patient care. Ultimately, the Shared Governance Model at UC Irvine Health assures that care is safe, compassionate and patient-centered.



Daisy Award honorees

By Sherry Carter, BSN, RN



In March 2012, UC Irvine Health adopted the DAISY Award as a recognition program for our nursing staff. The DAISY Award is an international program that rewards and celebrates the extraordinary clinical skill and compassionate care given by nurses every day. UC Irvine is proud to be a DAISY Award Partner, recognizing one of our nurses each month with this special honor.

Please take a moment to read about our recent DAISY Award Honorees!

Jun Balba, PICC Line RN (January)

"I am very fearful of needles and was told I have to have a PICC line placed...Jun told me to look at his eyes and breathe in and out with him while he was doing the PICC line. This made a huge difference! He helped me to be positive and lowered my stress about the needles. One of the things that Jun did that helped, on my PICC line bandage his drew two "faces". He said one was his smiling face the other was mine. He said "this is me smiling at you" and he wanted to see a smile on my face every day!"

Mariane Martinez, CN IV—MICU/CCU (February)

"Mariane's interventions, through her compassion and nursing expertise, made a difficult end-of-life scenario less stressful for a wife and extended family. Following Mariane's intervention, the family was able to make the decision to bring the patient home with Hospice care where he died with his family by his side. Mariane is a perfect example of what DAISY Award exemplifies:... making a difference in patient's lives and listening with her heart."

Loan Vu, CN II – Tower 4 (March)

"We had a patient that was on our unit for over a year. Loan was one of the primary nursing and was very caring in the manner that she provided care. Her patience and the care that she gave this patient were recognized not only by her peers but also by the patient's mother. Loan was someone the mom could trust. She is such a caring nurse that she was voted by her peers to be the staff RN that they would want to care for them if they were in the hospital."



Karen Grimley, CNO, Caroline Mangahas, Loan Vu, Jackie Wooters, nurse manager, Susan Christensen, med-surg director



Karen Grimley, CNO, and Mariane Martinez



(Left to Right) Mark Barnes (co-founder of DAISY Foundation), Karen Grimley, CNO, Jun Balba, Bonnie Barnes (co-founder), Terry Belmont, CEO

Nursing showcase

Congratulations to the following nurses who have obtained their specialty certification in the following areas:

PPCN Certification:

Jeanie Wong—SSDU

Med-Surg Certification:

Ludivina Chiong – DH 76/78
Justerie Yazon – Tower 5

Oncology Certified Nurse (OCN) accreditation:

Mina Ibarra – Infusion Center
Mary Jo Kirtz – Infusion Center
Quincy Meng – DH 76/78
Anitram Valek—DH 76/78

Congratulations to the following nurses who have obtained their degree:

Bachelors of Science, Nursing:

Bryan Johnson – ED
Ivett Kulik—ED

Masters of Science, Nursing

Kelly Greear—ED

Nurse Practitioner

Erin Bock—ED

Congratulations to the following nursing assistants who graduated to RN:

Lien Dinh – DH 76/78
Lisa Rodriguez – Tower 5

Congratulations to the following trauma tech who graduated to RN:

John Mullee—ED

Congratulations to the following nurses who received a promotion:

Rachelle Capiral, CN III supervisor – Tower 5
Kyle Giannone, CN II – NSCU
Consuelo Kader, CN III – Interventional Radiology
Alice Koopmans, CN II – NSCU
Kathryn Lopez, CN III supervisor—SICU
Kimberly Sharoff, CN III—SICU
Florence Zilko, CNIII —SICU

Congratulations to Deborah Boyle on the following accomplishments:

Deborah Boyle, oncology clinical nurse specialist at UC Irvine Health, has been chosen as a second place winner in the 2012 American Journal of Nursing Book of the Year awards, for her book *Self-Healing through Reflection: A Workbook for Nurses*, which she co-authored with Nancy Jo Bush, assistant clinical professor at UCLA School of Nursing. The book offers information, exercises, and tools for self-reflection to better help nurses cope with the stressors that invade their personal and professional lives, so they can take care of themselves with the same level of care as they do their patients.

The Oncology Nursing Society (ONS) has selected Deborah to receive the 2013 Rose Mary Carroll-Johnson ONS Distinguished Award for Consistent Contribution to Nursing Literature Award. This award will be presented during the opening ceremonies of the Annual ONS Congress to be held April 25-28, 2013 at the Walter E. Washington Convention Center in Washington, D.C.

In addition, Deborah had a specialized bibliography on the role of the oncology advanced practice nurse published in the *European Journal of Oncology Nursing*.

Lastly, Deborah received a grant from the DAISY Foundation to study family needs for nursing care at the end of life in the hospital setting.

June 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Foundations of Professional Practice 0900-1300 Bldg 53-Aud.	5 NICU Simulation Day 1300-1700 CR 4843	6	7 Perinatal Simulation 1200-1730 Bldg 50- Nursing Edu Center	8
9	10 CCRN 0900-1700 Bldg 22A- 2105/2106	11	12 Perinatal/NICU Hot Topics 0700-1800 Bldg 53-Aud	13 Ostomy 0800-1200 Bldg 53-121 NICU Simulation Day 1300-1700 CR 4843	14	15
16	17 CCRN 0900-1700 Bldg 53-121	18 Nursing Research Fellowship Class #2 1300-1700 Bldg 22A-2116	19 Hot Topics in Critical Care 0800-1500 Bldg 53-Aud NICU Simulation Day 0800-1200 CR 4843	20	21	22
23	24 CCRN 0900-1700 Bldg 56- 113/114	25 Neonatal Resuscitation 0800-1700 Bldg 50- Nursing Edu Center	26 Nurse Residency cohort #3 1000-1600 Bldg 56- 113/114	27 Nurse Residency cohort #2 1200-1600 Bldg 56- 113/114	28 NICU Simulation Day 0800-1200 CR 4843	29
30						

July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Perinatal-RNC Review 0700-1500 Bldg 53-121	2	3	4 HOLIDAY Independence Day	5	6
7	8 NA Skills 1300-1600 Bldg 56-113, 114, 115 Preceptor Workshop 0900-1500 Bldg 22A-2103/2104	9	10	11 Skin Hot Topics 0800-1200 Bldg 53-121	12 Perinatal Simulation 1200-1730 Bldg 50- Nursing Edu Center	13
14	15 Perinatal-RNC Review 0700-1500 Bldg 53-121	16 Didactic 0900-1700 Bldg 53-121 Neuro Nursing Case Studies 0900-1200 CR 5843	17 IABP & Impella 0900-1600 CR 5843	18	19 Perinatal-RNC Review 0700-1500 Bldg 53-121	20
21	22 Preceptor Update 0900-1300 Bldg 56-113/114	23 Didactic 0900-1700 Bldg 53-121	24 Nurse Residency cohort #3 1000-1600 Bldg 56- 113/114	25 Nurse Residency Graduation cohort #2 1300-1500 Bldg 54, 5th floor, Podlich Family Conf. Room	26	27
28	29	30 Didactic 0900-1700 Bldg 53-121. Neonatal Resuscitation 0800-1700 Bldg 50-Nursing Edu Center	31			